


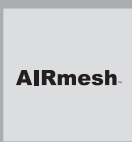





















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TECHNICAL GLOSSARY

WAVE TECHNOLOGY			
	Parallel Wave Wave technology which uniformly disperses shock throughout the sole, providing excellent cushioning and enhanced stability.		Fan-shaped Wave Wave technology which features various Wave heights, delivering excellent cushioning and stability.
	Infinity Wave Wave technology with a more visible and effective construction. Two parallel plates that sit together with soft cushioning pillars in-between to provide unrivalled cushioning and improved durability by absorbing and dispersing the impact at foot strike.		Double Fan-shaped Wave Wave technology that gives the highest levels of support combined with excellent cushioning.
<p>A unique technology that combines the two key elements which make great running shoes - cushioning and stability. Mizuno have created a Wave to suit every type of runner.</p> <p>Running places stress on the body. The unique Mizuno Wave technology provides the right amount of cushioning and stability your body needs and blends these elements, creating a smooth and easy running experience.</p>			







ALL SPORTS			
	Inspired by nature, Wave is a unique midsole technology that provides both cushioning and stability. Wave's unique shape absorbs and disperses the impact at foot strike, which results in a smoother, more cushioned feel on every step.		Breathable and cool, AIRmesh allows each running shoe from Mizuno to maintain a high standard of breathability and comfort of the upper.
	The DynamationFit system uses highly advanced motion capture and biomechanics technology. Mizuno has developed a design blueprint to engineer shoes that work with your foot throughout the gait cycle.		A shock-absorbing cushioning compound.
	Cool and Dry. Mizuno Intercool solves the problem of heat and humidity build-up in a running shoe. It does this by incorporating a full-length ventilation system in the sole of the shoe that removes heat and humidity from the foot through a system of ventilation channels.		Anatomically moulded insock for comfort and cushioning.
	An advanced lightweight cushioning material that absorbs shocks and keeps the transition smooth and fast due to its quick rebound properties.		A high-grade removable insock for comfort and cushioning.
	ap+, a lightweight midsole compound offering rebound and cushion durability, providing a high level of comfort.		

RUNNING TECHNOLOGIES			
	Durability and Traction. X-10 is an extremely durable Mizuno carbon rubber that allows for longer wear in high impact areas and gives more traction at the heel strike.		An engineered approach to minimise the rapid acceleration and deceleration of the foot during transition, creating the smoothest ride possible.
	XtaRide, Mizuno's technical trail concept featuring X lugs and Xta groove, leads to trail shoes that adapt to their surroundings and work in perfect harmony with the body.		A lightweight midsole compound providing high level cushioning and rebound for energy efficient runs.
	G3, an advanced performance outsole component that enhances traction where needed most and reduces weight.		Wave Plate constructed from Pebax Rnew™, a sustainable compound made from plant based oil (using low carbon production) that delivers high performance characteristics.
	A unique midsole compound providing high comfort and performance, while being extremely lightweight.		An evolutionary lightweight midsole that delivers stress-free cushioned rides with high rebounds. It gives an energised, euphoric and super-comfortable run.
	New, unique sole construction combining 2 different midsole compounds that help synchronise your body and movement.		An extra solid sheet rock-plate in the forefoot which provides superb protection against stones and rock.
	An original rubber compound developed by Michelin that provides more grip and comfort.		Waterproof, breathable fabric membrane upper technology.






FOOTBALL & RUGBY TECHNOLOGIES

	A specifically engineered diagonal groove in the midfoot area allows the player to turn at maximum speed and power by efficiently transferring natural body movement and shift in direction.		Grippy insock material that stops the foot from sliding inside the shoe.
	Upper delivers a high level of softness and durability with a structured fit.		R-Fiber mesh controls the upper stretch and securely holds the foot during acceleration and turns.
	A unique midsole compound providing superb comfort and performance, while being extremely lightweight.		Highest kangaroo leather quality for premium comfort fit and natural ball touch.













INDOOR TECHNOLOGIES

	A specifically engineered diagonal groove in the midfoot area allows the player to turn at maximum speed and power by efficiently transferring natural body movement and shift in direction.		An exceedingly lightweight midsole material with excellent comfort and resilience properties.
	A performance outsole component that enhances traction where needed most.		Specifically designed flex grooves in the outsole to improve stability and on court agility.
	Dura Shield protects your toes and increases the product durability.		Super soft and durable synthetic collar lining insert which adds comfort and durability when using ankle braces.

TENNIS TECHNOLOGIES

	A unique upper providing the highest level of softness and durability, while maintaining breathability.		A specifically engineered diagonal groove in the midfoot area allows the player to turn at maximum speed and power by efficiently transferring natural body movement and shift in direction.
	An exceedingly lightweight midsole material with excellent comfort and resilience properties.		Durability and Traction. X10 provides extremely durable Mizuno carbon rubber that allows for longer wear in high impact areas and provides more traction at the heel strike.
	Dynamotion Groove - an innovatively constructed outsole using specifically designed flex grooves to improve stability and on court agility.		

APPAREL TECHNOLOGIES

	Mizuno DryLite technology draws excess moisture away from the body, creating a comfortable and dry microclimate for best performance.		Mizuno FreshPlus technology adds an anti-bacterial and deodorising function to your garment, creating a fresher and odour reducing product.
	Mizuno Bodymapping technology provides enhanced air circulation inside the garment, keeping the body cool and dry.		Mizuno Dynamotion technology is based on anatomical research to create patterns that give improved garment fit and full freedom of movement.
	Mizuno's BIOGEAR is based on in-depth scientific research into the human exercise physiology and biomechanics. It helps to maintain body balance, improve performance and reduce the fatigue of muscles and joints during sport by controlling stretch, pressure and shape.		CoolTouch technology provides a soft feeling and leads to extremely quick drying.
	Mizuno ImpermaLite technology provides a performance blend of water and wind protection combined with superior breathability.		BlindStitch construction provides flat seams for anti-abrasion and enhanced comfort.
	NightLite, with its reflective material, provides superior retro reflection for low light running.		Breath Thermo is an extremely innovative thermal fabric yarn. It captures escaping body heat and, through a patented reaction in the yarn, generates heat-returning warmth to the body.
	BlackLite is a specifically engineered tone-on-tone reflective material that provides reflection for all occasions.		Mizuno Warmalite technology recycles body heat, creating an insulating warm layer between body and garment.

SIZE CHARTS

FOOTWEAR SIZE CHART

UK	C10	C10.5	C11	C11.5	C12	C12.5	C13	13.5	1	1.5	2	2.5	3	3.5	4	4.5	5	5.5
Europe	27	28	28.5	29	30	30.5	31	32	32.5	33	34	34.5	35	36	36.5	37	38	38.5
Japan	16.0	16.5	17.0	17.5	18.0	18.5	19.0	19.5	20.0	20.5	21.0	21.5	22.0	22.5	23.0	23.5	24.0	24.5

UK	6	6.5	7	7.5	8	8.5	9	9.5	10	10.5	11	11.5	12	12.5	13	13.5	14	14.5	15
Europe	39	40	40.5	41	42	42.5	43	44	44.5	45	46	46.5	47		48.5		50		51
Japan	25.0	25.5	26.0	26.5	27.0	27.5	28.0	28.5	29.0	29.5	30.0	30.5	31.0	31.5	32.0	32.5	33.0	33.5	34.0

APPAREL SIZE CHARTS

MEN'S	S	M	L	XL	XXL
Chest (cm)	89-96	97-104	105-112	113-120	121-127
Waist (cm)	73-80	81-88	89-96	97-104	105-111
Hips (cm)	89-96	97-104	105-112	113-120	121-127
Height (cm)	170-175	175-180	180-185	185-190	190-195

WOMEN'S	XS	S	M	L	XL
Chest (cm)	75-81	82-88	89-95	96-102	103-109
Waist (cm)	55-61	61-67	67-73	73-79	79-85
Hips (cm)	78-84	85-91	92-98	99-105	106-112
Height (cm)	156-163	163-168	168-173	173-178	178-183

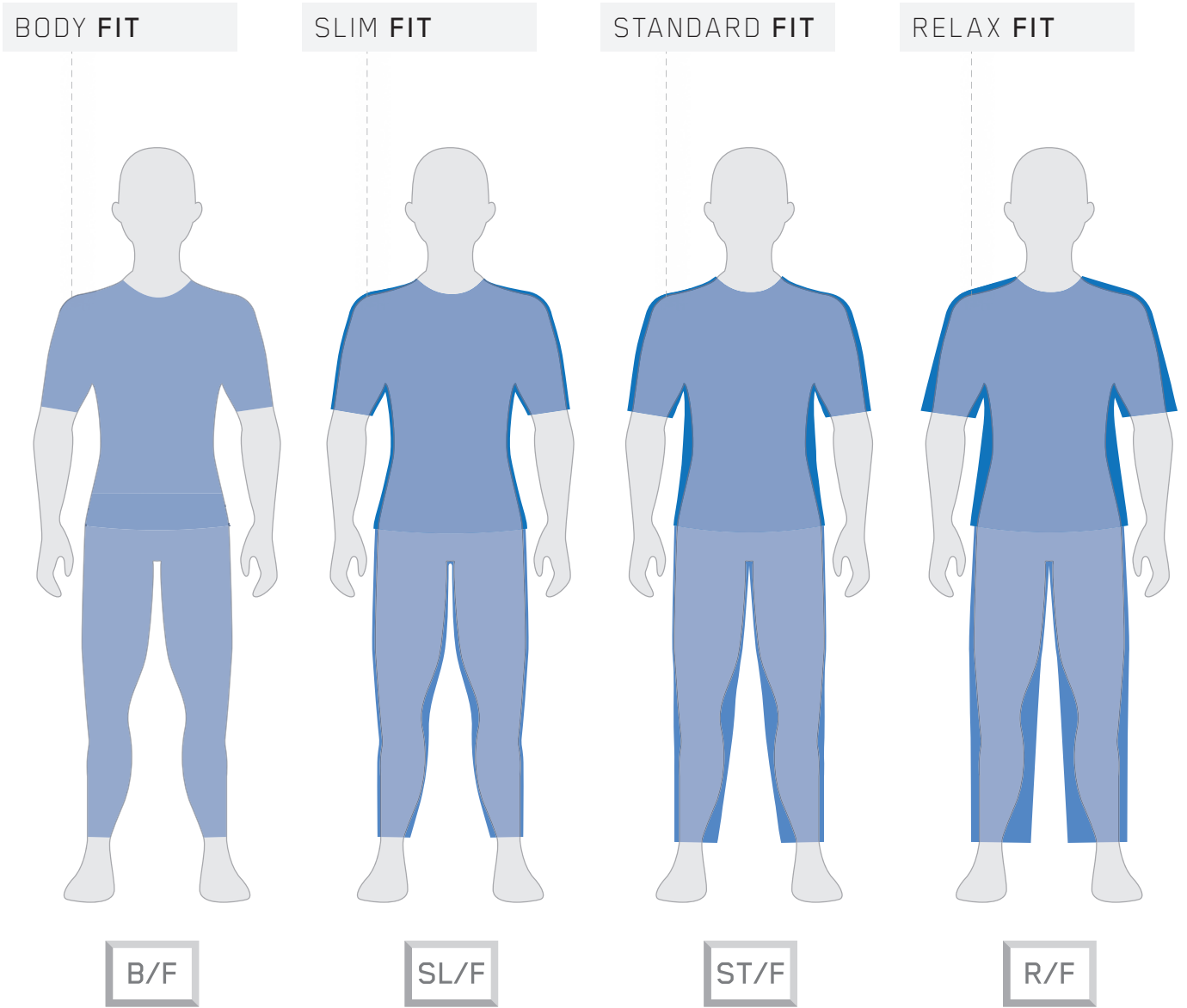
JUNIOR'S	116/S	128/M	140/L	152/XL
Height (cm)	116	128	140	152
Suggested age	6	8	10	12

SOCKS	S	M	L	XL
UK	3-4½	5-6½	7-8½	9-11½
Europe	35-37	38-40	41-43	44-46

WEIGHTS

WHERE SHOE WEIGHTS ARE INDICATED, THEY ARE BASED ON MEN'S UK SIZE 8 AND WOMEN'S UK SIZE 5.5

APPAREL FITTING GUIDE



Our **BodyFit** strategically provides support to targeted muscle groups.




















SlimFit apparel conforms to the shape of the body, without restricting movement.

Our **StandardFit** apparel aligns with the contour of your body while still allowing for ease of mobility.

Our **RelaxFit** follows your natural shape yet leaves room in all the right places for freedom of movement.

R U N N I N G

FOOTWEAR MATRIX

					CUSHIONING	STABILITY	TRANSITION	SPEED
					The amount of protection and comfort the shoe offers	The level of stability the shoe offers to help offset over pronation	How smoothly and quickly the shoe goes from heel strike to push off	The combination of transition, weight and overall ride suitability for fast runners
ROAD	RUNNING PERFORMANCE	NEUTRAL	Wave Prophecy 5		● ● ● ●	● ●	● ●	●
			Wave Creation 18		● ● ● ●	●	● ●	●
			Wave Enigma 6		● ● ● ● ●	● ●	● ● ●	● ●
			Wave Rider 19		● ● ● ●	●	● ● ● ●	● ● ●
			Wave Ultima 8		● ● ● ● ●	●	● ● ●	● ●
			Wave Sayonara 4		● ● ●	●	● ● ● ● ●	● ● ● ●
			Wave Legend 4		● ● ●	●	● ● ●	● ●
	RUNNING TRAINING	SUPPORT	Wave Paradox 3		● ● ● ● ●	● ● ● ● ●	● ● ●	●
			Wave Inspire 12		● ● ● ●	● ● ● ●	● ● ● ●	● ● ●
			Wave Catalyst		● ● ●	● ● ●	● ● ● ●	● ● ● ●
			Wave Connect 3		● ● ● ●	● ● ● ●	● ● ●	● ●
		NEUTRAL	Wave Elevation		● ● ●	●	● ●	● ●
			Mizuno Spark		● ●	●	●	●
			GUIDANCE	Mizuno Synchro MX		● ● ● ● ●	●	● ●
	Mizuno Synchro MD			● ● ●	●	● ●	●	
RACING			Wave Hitogami 3		● ● ●	●	● ● ● ● ●	● ● ● ● ●
			Wave Aero 15		● ● ●	●	● ● ● ● ●	● ● ● ●
			Wave Ekiden 10		●	●	● ● ● ● ●	● ● ● ● ●
TRAIL			Wave Mujin 3 (G-TX)		● ● ● ● ●	● ● ● ●	● ●	● ●
			Wave Daichi		● ● ● ●	● ●	● ●	● ● ●
			Wave Hayate 2		● ● ●	●	● ● ●	● ● ● ●
			Wave Kien 3 (GT-X)		● ● ● ●	● ●	●	● ●

ROAD

PERFORMANCE RUNNING NEUTRAL

WAVE ENIGMA 6



WAVE PROPHECY 5

Experience Running Like Never Before

- Superb flexibility through full length Infinity Wave
- Springy ride with many technical benefits
- U4icX stroble lasting board for more comfortable and cushioned footbed

		PRODUCT CODE	COLOUR
WEIGHT	360g	1 J1GC160003	Black / Silver / Chinese Red
RAMP MM	13/25	2 J1GC160004	Blue Depths / Silver / Black
SIZES	6-12,13,14		



WAVE CREATION 18

High Milage Ahead

- Infinity Wave in the heel for increased durability and responsive ride
- Dynamotion Fit upper for perfect fit
- Articulated forefoot wave for flexibility

		PRODUCT CODE	COLOUR
WEIGHT	360g	1 J1GC160110	Safety Yellow / Black / Silver
RAMP MM	13/25	2 J1GC160109	Dark Shadow / Black / Clown Fish
SIZES	6-12,13,14		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	300g	1 J1GD160067	Diva Pink / Mulberry Purple / Black
RAMP MM	13/25		
SIZES	4-9		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	305g	1 J1GD160160	Capri / Diva Pink / Dress Blues
RAMP MM	13/25		
SIZES	4-9		



WAVE ENIGMA 6

The revolution of cushioning

- Full length Wave for increased durability and responsive ride
- U4ic X midsole compound takes cushioning to a high level of comfort
- Dynamotion Fit upper for perfect fit with luxurious mesh

		PRODUCT CODE	COLOUR
WEIGHT	325g	1 J1GC161109	Skydiver / Black / Green Gecko
RAMP MM	13/25	2 J1GC161103	Safety Yellow / Silver / Black
SIZES	6-12,13,14	3 J1GC161152	Black / Metallic Shadow / Green Gecko



WAVE RIDER 19

Run smoother, feel faster, go further

- Parallel Wave and U4ic midsole for a resilient, responsive ride
- Blown rubber in forefoot for increased durability and smoother toe-off
- Dynamotion fit provides superb fit

		PRODUCT CODE	COLOUR
WEIGHT	280g	1 J1GC160308	Green Gecko / Silver / Black
RAMP MM	12/24	2 J1GC160301	Fiery Coral / White / Dress Blues
SIZES	6-12,13,14,15	3 J1GC160307	Twilight Blue / Silver / Green Gecko
		4 J1GC160323	Quiet Shade / Atomic Blue / Black
		5 J1GC160462	Black / High Risk Red / White (2E Wide)



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	265g	1 J1GD161103	Dazzling Blue / Silver / Fiery Coral
RAMP MM	13/25	2 J1GD161116	Blue Depths / Blue Depths / Electric Green
SIZES	4-9		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	230g	1 J1GD160308	Diva Pink / Silver / Capri
RAMP MM	12/24	2 J1GD160342	Dazzling Blue / White / Capri
SIZES	3-10	3 J1GD160334	Quiet Shade / Electric Green / Black
		4 J1GD160319	Electric Green / Silver / Periscope



WAVE RIDER 19 JNR

Fast paced, cushioned running for aspiring juniors

- Cushioned comfort and Mizuno Wave technology together with super fit

		PRODUCT CODE	COLOUR
WEIGHT	180g	1 K1GC162501	Twilight Blue / White / Skydiver
RAMP MM	10/17		
SIZES	1-6		



WAVE ULTIMA 8

Ultimate cushioning and comfort

- With U4icX which takes cushioning to a high level of comfort
- Versatile and comfortable shoe very suitable for all kinds of neutral runners
- Strategically placed reinforcement for harmonious fit

		PRODUCT CODE	COLOUR
WEIGHT	310g	1 J1GC160902	Black / White / Green Gecko
RAMP MM	13/25	2 J1GC160949	Quarry / Steel Gray / Skydiver
SIZES	6-12,13,14	3 J1GC160905	Skydiver / Silver / Clown Fish
		4 J1GC160909	Clown Fish / Black / Silver



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	180g	1 K1GC162555	Dazzling Blue / Fiery Coral / Capri
RAMP MM	10/17		
SIZES	1-6		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	260g	1 J1GD160902	Fiery Coral / White / Dazzling Blue
RAMP MM	13/25	2 J1GD160903	Capri / Silver / Mulberry Purple
SIZES	3-9	3 J1GD160904	Dark Shadow / Silver / Electric Green
		4 J1GD160905	Rosebud / Silver / Mulberry Purple



WAVE LEGEND 4

Dynamic wave ride and transition, great cushioning

- Parallel Wave for high cushioning and a smooth ride
- Strategically placed reinforcements for a dynamic and precise fit

		PRODUCT CODE	COLOUR
WEIGHT	305g	1 J1GC161004	High Risk Red / Silver / Safety Yellow
RAMP MM	13/25	2 J1GC161003	Skydiver / Silver / Clown Fish
SIZES	6-12,13,14	3 J1GC161001	Fiery Coral / White / Dress Blues
		4 J1GC161010	High-Rise / Black / Skydiver



WAVE SAYONARA 4

Bold new look, optimised cushioning and comfort

- Amazing cushioning to weight ratio provided by U4ic midsole
- Blown-rubber outsole for responsive speed and smooth ride
- 10mm offset for a true, neutral ride and fast-paced training
- Redesigned upper with perfect fit

		PRODUCT CODE	COLOUR
WEIGHT	250g	1 J1GC163041	Skydiver / Green Gecko / Twilight Blue
RAMP MM	10/20	2 J1GC163001	Safety Yellow / White / Dazzling Blue
SIZES	6-12,13,14		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	260g	1 J1GD161003	Fiery Coral / Silver / Dazzling Blue
RAMP MM	13/25	2 J1GD161034	Mulberry Purple / Electric Green / Black
SIZES	4-9	3 J1GD161009	Black / Black / Diva Pink



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	210g	1 J1GD163055	Capri / Fiery Coral / Dazzling Blue
RAMP MM	10/20	2 J1GD163003	Fuchsia Purple / Silver / Mulberry Purple
SIZES	4-9		



PERFORMANCE RUNNING SUPPORT

WAVE INSPIRE 12



WAVE PARADOX 3

Max out on stability

- New last and Double Fan Wave for maximum stability
- Strategically placed forefoot flex grooves for enhanced gait efficiency and natural range of motion
- New upper construction for a supportive fit

		PRODUCT CODE	COLOUR
WEIGHT	325g	1 J1GC161227	French Blue / Skydiver / Safety Yellow
RAMP MM	13/25	2 J1GC161262	Quarry / High Risk Red / Black
SIZES	6-12,13,14, 15		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	280g	1 J1GD161260	Capri / Diva Pink / Dress Blues
RAMP MM	13/25	2 J1GD161234	Glacier Gray / Electric Green / Dazzling Blue
SIZES	4-10		



WAVE INSPIRE 12

Lightweight comfort, better performance

- Double Fan Wave and wider gauge for moderate stability
- U4icX midsole for lightweight runs
- U4icX strobe lasting board for high comfortable and cushioned footbed

		PRODUCT CODE	COLOUR
WEIGHT	310g	1 J1GC164413	Chinese Red / Black / Skydiver
RAMP MM	12/24	2 J1GC164426	Steel Gray / Directoire Blue / Black
SIZES	6-12,13,14,15	3 J1GC164411	Twilight Blue / Black / Clown Fish
		4 J1GC164407	Safety Yellow / Silver / Black
		5 J1GC164552	Black / Metallic Shadow / Dazzling Blue (2E Wide)



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	260g	1 J1GD164408	Dazzling Blue / Silver / Fiery Coral
RAMP MM	12/24	2 J1GD164401	Diva Pink / White / Black
SIZES	3-10	3 J1GD164402	Electric Green / White / Black
		4 J1GD164431	Quiet Shade / Capri / Black



WAVE INSPIRE 12 JNR

Supportive cushioning for young runners

- Supportive Wave technology for guidance and cushioning with every stride

		PRODUCT CODE	COLOUR
WEIGHT	175g	1 K1GC162711	Twilight Blue / Black / Clown Fish
RAMP MM	10/17		
SIZES	1-7		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	175g	1 K1GC162755	Dazzling Blue / Fiery Coral / Dress Blues
RAMP MM	10/17		
SIZES	1-7		



WAVE CONNECT 3

Stable and cushioned ride

- SR Touch in heel and forefoot provides excellent cushioning
- Great combination of support and comfort
- Revised upper construction for great fit

		PRODUCT CODE	COLOUR
WEIGHT	285g	1 J1GC164804	Skydiver / Silver / Green Gecko
RAMP MM	13/25	2 J1GC164862	Periscope / High Risk Red / Safety Yellow
SIZES	6-12,13,14		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	240g	1 J1GD164809	Rouge Red / Black / Capri
RAMP MM	13/25	2 J1GD164864	Black / Diva Pink / Silver
SIZES	4-9		



WAVE CATALYST

Smooth ride, rapid response

- Light supportive race trainer
- Fan shaped Wave delivers moderate support
- U4ic cushioning and blown-rubber outsole for smooth ride and responsive speed

		PRODUCT CODE	COLOUR
WEIGHT	265g	1 J1GC163304	Green Gecko / Silver / Skydiver
RAMP MM	10/20	2 J1GC163302	Directoire Blue / White / Clown Fish
SIZES	6-12,13,14		

TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	230g	1 J1GD163331	Fiery Coral / Capri / Dazzling Blue
RAMP MM	10/20		
SIZES	4-9		



TRAINING RUNNING NEUTRAL

WAVE ELEVATION



WAVE ELEVATION

Cushioned comfort, stable ride, contemporary styling

- Dynamic cushioned ride provided by the E18 midsole
- Contemporary styled upper delivers great fit
- Neutral shoe offering a high level of comfort

		PRODUCT CODE	COLOUR
WEIGHT	260g	1 J1GR141731	French Blue / Clown Fish / Dress Blues
RAMP MM	12/24	2 J1GR141730	Green Gecko / Skydiver / Black
SIZES	6-12,13,14	3 J1GR141732	Silver / Twilight Blue / Safety Yellow
		4 J1GR141733	High Risk Red / Silver / Directoire Blue

TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	220g	1 J1GL141737	Rosebud / Silver / Mulberry Purple
RAMP MM	12/24	2 J1GL141735	Electric Green / Diva Pink / Mulberry Purple
SIZES	4-9	3 J1GL141736	Silver / Fiery Coral / French Blue



MIZUNO SPARK

Good fit, nice comfort, great value

- Essential cushioning
- Entry level trainer

		PRODUCT CODE	COLOUR
WEIGHT	285g	1 K1GA160305	Periscope / Silver / High Risk Red
RAMP MM	12/24	2 K1GA160313	Silver / Black / Dazzling Blue
SIZES	6-12,13	3 K1GA160320	Black / Black / Clown Fish
		4 K1GA160306	Skydiver / Silver / Green Gecko

TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	245g	1 K1GA160404	Black / Silver / Electric Green
RAMP MM	12/24	2 K1GA160407	Fiery Coral / Silver / Black
SIZES	4-9	3 K1GA160406	Capri / Silver / Pansy
		4 K1GA160410	Silver / Black / Diva Pink



MIZUNO SPARK JNR

Super value fit and comfort for juniors

- Comfort for day to day activity

		PRODUCT CODE	COLOUR
WEIGHT	195g	1 K1GC162611	Silver / Black / Dazzling Blue
RAMP MM	10/17	2 K1GC162610	Black / Black
SIZES	2-6		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	195g	1 K1GC162601	Strawberry Pink / White / Capri
RAMP MM	10/17		
SIZES	2-6		



TRAINING RUNNING GUIDANCE

MIZUNO SYNCHRO MX



MIZUNO SYNCHRO MX

Bold look, optimised cushioning and comfort

- New Synchro midsole concept with 3-D dual material sole to optimise cushioning and comfort
- Dynamotion Fit upper construction with midfoot and heel wrapping for superb fit

		PRODUCT CODE	COLOUR
WEIGHT	280g	1 J1GE161920	Green Gecko / Black / Skydiver
RAMP MM	13/25	2 J1GE161951	Periscope / Dark Shadow / Green Gecko
SIZES	6-12,13,14	3 J1GE161903	Directoire Blue / Silver / High-Rise
		4 J1GE161913	Quarry / Black / Clown Fish
		5 J1GE161914	White / Black / Silver
		6 J1GE161902	Skydiver / White / Green Gecko
		7 J1GE161912	Black / Black / White



TECHNOLOGY

AIRmesh DynamotionFit Premium INSOCK X10 UAIE X SmoothRide MIZUNO SYNCHRO

		PRODUCT CODE	COLOUR
WEIGHT	245g	1 J1GF161943	Electric Green / White / Dazzling Blue
RAMP MM	13/25	2 J1GF161966	Fiery Coral / Mulberry Purple / High-Rise
SIZES	4-9	3 J1GF161903	Electric Green / Silver / Capri Breeze
		4 J1GF161942	Quarry / White / Strawberry Pink
		5 J1GF161914	White / Black / Quarry
		6 J1GF161920	Periscope / Black / Fiery Coral
		7 J1GF161904	Fuchsia Purple / Silver / Mulberry Purple
		8 J1GF161912	Black / Black / White



MIZUNO SYNCHRO MD

Bold look, optimised cushioning and comfort

- New Synchro midsole concept to optimise cushioning and comfort
- Dynamotion Fit upper construction for superb fit

		PRODUCT CODE	COLOUR
WEIGHT	280g	1 J1GE161803	Skydiver / Silver / Green Gecko
RAMP MM	12/24	2 J1GE161810	Surf The Web / Black / Blue Depths
SIZES	6-12,13,14	3 J1GE161811	High Risk Red / Black / Safety Yellow
		4 J1GE161813	White / Black / Silver
		5 J1GE161814	Dark Shadow / Black / Safety Yellow
		6 J1GE161820	Black / Black
		7 J1GE161821	Green Gecko / Black / Silver

TECHNOLOGY

AIRmesh DynamotionFit Premium INSOCK X10 UAICX SmoothRide MIZUNO SYNCHRO

		PRODUCT CODE	COLOUR
WEIGHT	245g	1 J1GF161803	Blue Atoll / Silver / Dark Shadow
RAMP MM	12/24	2 J1GF161809	Diva Pink / Black / Safety Yellow
SIZES	4-9	3 J1GF161810	White / Black / Silver
		4 J1GF161826	Fuchsia Purple / Directoire Blue / Black
		5 J1GF161801	Electric Green / White / Safety Yellow
		6 J1GF161860	Black / Diva Pink / White

RACING

WAVE HITOGAMI 3



WAVE HITOGAMI 3

Smooth operator, comfort, personified, race bred

- U4ic midsole offers amazing cushioning to weight ratio
- Internal Dynamotion system guides and holds foot
- 9mm offset for fast path run
- 3-D upper construction for secure fit

		PRODUCT CODE	COLOUR
WEIGHT	220g	1 J1GA168003	Green Gecko / Silver / Black
RAMP MM	8/17	2 J1GA168004	Clown Fish / Silver / Black
SIZES	6-12		



WAVE AERO 15

Ultra cushioned, super lightweight, featherlike feel

- U4iC midsole offers amazing cushioning to weight ratio
- Most cushioned racing shoe
- SmoothRide Technology for a light and smooth running experience
- New upper design with precise midfoot fit

		PRODUCT CODE	COLOUR
WEIGHT	225g	1 J1GA163503	Green Gecko / Silver / Skydiver Blue
RAMP MM	10/19		
SIZES	6-12,13		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	190g	1 J1GB168004	Fiery Coral / Silver / Blue Depths
RAMP MM	8/17		
SIZES	4-9		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	195g	1 J1GB163503	Skydiver Blue / Silver / Diva Pink
RAMP MM	10/19		
SIZES	4-9		



WAVE EKIDEN 10

The art of racing

- Resin Wave and 6mm offset for fast, responsive ride
- Strategically placed G3 outsole for optimal grip, durability and lightness
- Perfect upper fit and hold for accelerating speed



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	140g	1 U1GD152025	Diva Blue / White / Safety Yellow
RAMP MM	6/12		
SIZES	3-10, 11, 12		

TRAIL RUNNING

WAVE MUJIN 3 G-TX



WAVE MUJIN 3

Run to the extreme

- Maximum mountain trail security and performance guaranteed via the specifically engineered Xta Ride and Concave Wave
- Highly supportive and protective upper for toughest conditions
- Michelin outsole delivers superb grip and traction at all levels
- ESS rock plate for ultimate protection in forefoot

		PRODUCT CODE	COLOUR
WEIGHT	360g	1	J1GJ167004 Skydiver / Silver / Spectra Yellow
RAMP MM	10/22	2	J1GJ167003 Dark Shadow / Silver / Green Gecko
SIZES	6-12,13		



WAVE MUJIN 3 G-TX

Run to the extreme in all weather conditions

- Maximum mountain trail security and performance guaranteed via the specifically engineered Xta Ride and Concave Wave
- Highly supportive and protective upper for toughest conditions
- Michelin outsole delivers superb grip and traction at all levels
- ESS rock plate for ultimate protection in forefoot
- G-TX upper for all weather conditions and activities

		PRODUCT CODE	COLOUR
WEIGHT	370g	1	J1GJ165703 Green Gecko / Silver / Skydiver
RAMP MM	10/22		
SIZES	6-12,13		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	310g	1	J1GK167003 Dark Shadow / Silver / Diva Pink
RAMP MM	10/22		
SIZES	4-9		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	315g	1	J1GK165734 Fiery Coral / Electric Green / Black
RAMP MM	10/22		
SIZES	3-10		



WAVE DAICHI

Trail blazing, ground gripping, all round off roader

- Optimum trail security and performance guaranteed via the specifically engineered Xta Ride and concave Wave
- Michelin outsole delivers great traction and grip on all surfaces
- Midfoot X groove allows foot to flex and grip terrain while absorbing forces from uneven ground
- Strong mesh for enhanced upper support without losing dynamic feel
- All-round trail shoe for use in all conditions

		PRODUCT CODE	COLOUR
WEIGHT	310g	1 J1GJ167141	Quiet Shade / Green Gecko / Blue Sapphire
RAMP MM	9/21	2 J1GJ167103	Capri Breeze / Silver / Green Gecko
SIZES	6 -12,13	3 J1GJ167104	Chinese Red / Silver / Safety Yellow



WAVE HAYATE 2

Run wild, run fast, run free

- Concave Wave for stability and protection on any surface
- Midfoot X-grooves for enhanced flexibility and adaptability across varying terrain
- Strategically-placed reinforcements and strong upper materials for a dynamic, supportive fit
- Low to the ground midsole for a lightweight trail performance

		PRODUCT CODE	COLOUR
WEIGHT	250g	1 J1GJ157205	Green Gecko / Silver / Blue Depths
RAMP MM	7/16		
SIZES	6-12,13		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	270g	1 J1GK167103	Fiery Coral / Silver / Capri
RAMP MM	9/21	2 J1GK167134	Quiet Shade / Electric Green / Safety Yellow
SIZES	3-10		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	215g	1 J1GK157255	Capri Breeze / Fiery Coral / Blue Sapphire
RAMP MM	7/16		
SIZES	4-9		



WAVE KIEN 3

Amazing comfort, great grip, multi-terrain

- Trail security and performance guaranteed via the specifically engineered Xta Ride
- Great multi directional grip suitable for all surfaces through outsole with X lugs
- High cushioned yet lightweight midsole for protection on trails

		PRODUCT CODE	COLOUR
WEIGHT	290g	1 J1GJ167303	Black / Dark Shadow / Safety Yellow
RAMP MM	9/21	2 J1GJ167309	Black / Black (Unisex – sizes 4-12, 13)
SIZES	4-12,13		



WAVE KIEN 3 GT-X

Amazing comfort, great grip, multi-terrain

- Trail security and performance guaranteed via the specifically engineered Xta Ride
- Great multi-directional grip suitable for all surfaces through outsole with X lugs
- High cushioned yet lightweight midsole for protection on trails
- G-TX upper for all weather conditions and activities

		PRODUCT CODE	COLOUR
WEIGHT	300g	1 J1GJ165903	Black / Silver / Green Gecko
RAMP MM	9/21		
SIZES	6-12,13		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	250g	1 J1GK167331	Fiery Coral / Capri / Black
RAMP MM	9/21	2 J1GJ167309	Black / Black (Unisex – sizes 4-12, 13)
SIZES	4-9		



TECHNOLOGY



		PRODUCT CODE	COLOUR
WEIGHT	260g	1 J1GK165903	Black / Silver / Diva Pink
RAMP MM	9/21		
SIZES	4-9		



